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VOCABULARY

1. **Fatigue:** Extreme tiredness due to mental or physical exertion.
 - Synonyms: Exhaustion, weariness, burnout
 - Antonyms: Energy, vigor, vitality
 - Sentence: The long shifts in the hospital caused severe fatigue among doctors and nurses.
2. **Intemperate:** Lacking self-control or being excessive in behavior.
 - Synonyms: Unrestrained, excessive, reckless
 - Antonyms: Moderate, controlled, restrained
 - Sentence: His intemperate remarks during the debate caused unnecessary controversy.
3. **Discreet:** Careful in speech or action to avoid causing offense or revealing private information.
 - Synonyms: Cautious, tactful, prudent
 - Antonyms: Reckless, indiscreet, careless
 - Sentence: The journalist was discreet while discussing sensitive political matters.
4. **Constrained:** Restricted or limited in scope or action.
 - Synonyms: Restricted, hindered, restrained
 - Antonyms: Unrestricted, free, uninhibited
 - Sentence: Developing countries are often constrained by financial limitations in their climate action efforts.
5. **Repercussions:** Unintended consequences or effects of an action.
 - Synonyms: Consequences, ramifications, fallout
 - Antonyms: Causes, origins, triviality
 - Sentence: The tariffs had serious economic repercussions, leading to higher inflation.

- 6. Cataclysmic:** Relating to or denoting a violent, large-scale event, especially one that causes great destruction.
- Synonyms: Apocalyptic, disastrous, catastrophic
 - Antonyms: Beneficial, fortunate, favorable
 - Sentence: The cataclysmic effects of the nuclear disaster affected thousands of lives.
- 7. Vehement:** Showing strong feeling; forceful, passionate, or intense.
- Synonyms: Fervent, passionate, forceful
 - Antonyms: Indifferent, passive, calm
 - Sentence: The protesters were vehement in their opposition to the government's new policy.
- 8. Relinquish:** To give up or surrender something, such as a right or position.
- Synonyms: Surrender, forgo, renounce
 - Antonyms: Retain, keep, hold
 - Sentence: The leader had to relinquish his position due to health reasons.
- 9. Malleable:** Capable of being easily shaped or influenced.
- Synonyms: Flexible, adaptable, pliable
 - Antonyms: Stiff, rigid, inflexible
 - Sentence: His malleable personality made him an ideal candidate for the role.
- 10. Extricate:** To free someone or something from a difficult or complicated situation.
- Synonyms: Rescue, release, disentangle, liberate
 - Antonyms: Entangle, trap, imprison
 - Sentence: The fire fighters worked tirelessly to extricate the survivors from the collapsed building.

CURRENT AFFAIRS

12th March, 2025

1. The Union Minister for Health and Family Welfare and President of Bharatiya Janata Party (BJP) Jagat Prakash Nadda, on 9 March 2023, launched the two welfare schemes of the Tripura government for the girls of the state.
 - The scheme -Mukhyamantri Balika Samridhhi Yojanaand Mukhyamantri Kanya Atmanirbhar Yojana- was launched on the occasion of the two years of the formation of the BJP government in the state.
 - BJP came to power in Tripura in 2018, ending 25 years of rule of the Left Front led by CPI(M) in the state. Initially, Biplab Deb was made the Chief Minister by the BJP, but he was replaced by Dr Manik Saha before the 2022 legislative assembly election.
 - To celebrate the occasion the state government organised a massive rally at Swami Vivekanand Maidan in Agartala, the capital of Tripura, on 9th March 2025..
 - The Chief Minister of Tripura, Manik Saha, and other distinguished leaders of the BJP were present on the occasion.
2. The state of Uttar Pradesh has taken a significant step toward enhancing its immunization program by introducing the 'Rapid Immunisation Skill Enhancement' (RISE) app. This digital platform will be utilized by staff nurses, Auxiliary Nurse Midwives (ANMs), and health workers to efficiently monitor and manage routine vaccination among children.
 - The initiative aims to improve vaccination coverage, track families reluctant to vaccinate their children, and ensure that all immunization processes are carried out effectively. By replacing traditional training methods with real-time digital learning, the state seeks to enhance vaccination outreach, safety, and efficiency.
3. The First Training Squadron (1TS) of the Indian Navy, consisting of INS Sujata, INS Shardul, and ICGS Veera, successfully completed its visit to Phuket Deep Sea Port, Thailand. The visit included coordinated tactical maneuvers, professional interactions, and joint exercises.
4. India is set to mark a historic milestone in its railway sector with the launch of its first hydrogen-powered train. The train is scheduled to commence operations by March 31, 2025, on the Jind-Sonipat route in Haryana.
 - This groundbreaking initiative aligns with India's vision for sustainable transportation, reducing carbon emissions, and embracing cleaner energy sources.

5. DrJayshree Vencatesan has become the first Indian to win the annual prestigious Ramsar Award in the 'Wetland Wise Use' category. DrJayshree Vencatesan was one of the 12 women included by the Ramsar Secretariat in its second edition of Women Changemakers in the World of Wetlands.
 - The Ramsar secretariat based in Gland, Switzerland announced the names of the '2025 Women changemakers in the world of wetlands' on the eve of the International Women's Day on 7th March 2025.
 - The Ramsar Convention on Wetlands is the international treaty that protects the wetlands of the world. Its secretariat is located at the headquarters of the IUCN (International Union for the Conservation of Nature) in Gland, Switzerland.
6. The world's first commercial space surveillance satellite, capable of tracking objects as small as 5 centimetres orbiting the Earth, was commissioned on Saturday as it captured images over South America, the Bengaluru-based start-up Digantara said.
 - Digantara had launched the space surveillance satellite SCOT (Space Camera for Object Tracking) on January 14 aboard SpaceX's Transporter-12 rocket.
7. HDFC Bank, under its Parivartan initiative, has signed a Memorandum of Understanding (MoU) with the Indian Air Force (IAF) and CSC Academy to launch Project HAKK (Hawai Anubhavi Kalyan Kendra).
8. India and Armenia signed two memorandums of understanding (MoUs) to strengthen the bilateral relationship between the two countries. The MoUs were signed during the visit of Armenia's foreign minister Ararat Mirzoyan to India.
 - Ararat Mirzoyan was on a three day official visit to India from 9- 11 March 2025.