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## VOCABULARY

- 1. Cognizant:** Having knowledge or awareness.
  - Synonyms: Aware, conscious, knowledgeable
  - Antonyms: Unaware, ignorant, oblivious
  - Sentence: The company needs to be cognizant of the latest regulations.
  
- 2. Transcend:** Go beyond the limits of something.
  - Synonyms: Surpass, exceed, outdo
  - Antonyms: Fail, fall short
  - Sentence: The beauty of the landscape transcends words.
  
- 3. Regressive:** Becoming less advanced; returning to a former or less developed state.
  - Synonyms: Backward, retrogressive, declining
  - Antonyms: Progressive, forward, advanced
  - Sentence: The policy was criticized for being regressive and not supporting modern values.
  
- 4. Spawned:** Produced or generated, especially in large numbers.
  - Synonyms: Created, generated, produced
  - Antonyms: Destroyed, eliminated, annihilated
  - Sentence: The new regulations spawned a wave of innovations in the industry.

**5. Appellation:** A name or title.

- Synonyms: Designation, title, name
- Sentence: The appellation "doctor" was awarded after years of study.

**6. Hiatus:** A pause or gap in a sequence, series, or process.

- Synonyms: Break, pause, interruption
- Antonyms: Continuation, continuity
- Sentence: The TV show is on hiatus until next season.

**7. Confidentiality:** The state of keeping or being kept secret or private.

- Synonyms: Secrecy, privacy, discretion
- Antonyms: Openness, disclosure, publicity
- Sentence: The confidentiality of the patient's records is paramount.

**8. Brunt:** The worst part or chief impact of a specified action.

- Synonyms: Impact, force, burden
- Antonyms: Relief, benefit
- Sentence: The coastal towns bore the brunt of the storm.

**9.** Pilferage: The action of stealing things of little value.

- Synonyms: Theft, stealing, robbery
- Antonyms: Donation, giving
- Sentence: Measures were taken to prevent pilferage in the warehouse.

### IDIOMS AND PHRASES

**10.** Make two ends meet : To have just enough money for all your needs.

**11.** Snowed under: To be busy.

**12.** To break someone's bubble: To do or say something that proves someone else's beliefs are not true.

**13.** Walk on eggshells: To be very careful with your actions and words.

**14.** Bite the bullet : Finish something no matter how unsatisfying or unpleasant it is.

## CURRENT AFFAIRS

20<sup>th</sup> June, 2024

- 1.** The Northern Command of the Indian Army has ordered 550 indigenously designed, developed, and manufactured ASMI submachine guns worth Rs 4.26 crores. This is the first such indigenously designed and manufactured weapon to be inducted into the Indian Army. The ASMI submachine gun has been manufactured by the Hyderabad-based Lokesh Machine Limited.
- 2.** Vinod Ganatra has become the first Indian to receive the prestigious 'Nelson Mandela Lifetime Achievement Award' from South Africa for his contribution to films. He was honored with the award at the 7th Nelson Mandela Children's Film Festival for his contributions to children's cinema.
- 3.** Scientists at Yonsei University in Seoul, South Korea, are working on putting grown beef cells into rice grains. This is a groundbreaking use of new food technologies that is changing the world.
  - The goal of this new invention, called "meaty rice," is to be a more environmentally friendly source of protein that doesn't involve raising animals. This could completely change the way food is produced around the world.

4. Prime Minister Narendra Modi will lead the main International Yoga Day event in Srinagar on June 21, as India gears up to celebrate the ancient practice of yoga on a global scale. This year's theme, "Yoga for Self and Society," highlights the importance of incorporating yoga into every aspect of life for individual and community well-being.
5. World Sickle Cell Day is an annual observance held on June 19 to raise awareness about sickle cell disease (SCD). The theme for this year's observance is "Hope Through Progress: Advancing Sickle Cell Care Globally."
6. The Prime Minister on June 19 inaugurated the new campus of Nalanda University, an international University, close to the site of the ancient ruins of Nalanda in Rajgir, Bihar.
  - Asserting that Nalanda is a symbol of India's academic heritage and vibrant cultural exchange, Mr. Modi said, "Nalanda is the proclamation of this truth that books may burn in the flames of fire, but the flames of fire cannot destroy knowledge. Nalanda is an identity, respect, and pride."

7. Chinese scientists have made a significant breakthrough in solar research through the use of their solar exploration satellite, the Chinese H-alpha Solar Explorer (CHASE), which has led to the discovery of a new pattern of solar atmospheric rotation.
8. Shah Rukh Khan has emerged as the highest-paid actor of 2024, as per a new report. The Bollywood superstar, who delivered three hits in 2023, has beaten Bollywood stars such as Aamir Khan, Salman Khan and Akshay Kumar along with South Indian stars like Rajinikanth, Prabhas, Thalapathy Vijay and Allu Arjun for the prestigious spot on the list. Amitabh Bachchan wasn't listed in the top 10 highest-paid actors of 2024.
9. Neeraj Chopra won his first gold medal at the Paavo Nurmi Games with a throw of 85.97m in his third attempt.
  - The Paavo Nurmi Games is an annual track and field meet that takes place at Paavo Nurmi Stadium in Turku, Finland.