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ODISHA CAREER FOR COMPETITIVE EXAMS

VOCABULARY

- Efficacious: Capable of producing the desired result; effective.
 - Synonyms: Effective, efficient, potent.
 - Antonyms: Ineffective, ineffectual, inefficient.
 - Example: The new treatment has proven to be highly efficacious in managing chronic pain.
- 2. Salubrious: Favourable to or promoting health; healthful.
 - Synonyms: Health-giving, wholesome, invigorating.
 - Antonyms: Unhealthy, detrimental, harmful.
 - Example: Living in a salubrious environment with clean air and abundant green spaces can positively impact overall well-being.
- 3. Mitigating: Alleviating, lessening, or moderating the severity of something.
 - Synonyms: Alleviating, easing, reducing.
 - Antonyms: Aggravating, exacerbating, intensifying.
 - Example: Implementing early intervention strategies is crucial in mitigating the impact of chronic diseases on individuals' health.

- **4.** Judicious: Having, showing, or done with good judgement; sensible.
 - Synonyms: Wise, prudent, sensible.
 - Antonyms: Foolish, imprudent, reckless.
 - Example: A judicious combination of medication and lifestyle changes is often recommended for managing chronic conditions effectively.
- **5.** Ameliorate: To make a situation or condition better; improve.
 - Synonyms: Enhance, alleviate, upgrade.
 - Antonyms: Worsen, deteriorate, exacerbate.
 - Example: Adequate social support can significantly ameliorate the emotional impact of chronic illnesses on individuals
- **6.** Linchpin: A crucial element or factor that holds something together.
 - Synonyms: Key, cornerstone, essential.
 - Antonyms: Insignificant, trivial, dispensable.
 - Example: Access to healthcare is often considered the linchpin in the effective management of chronic conditions.

- **7.** Espousing: Adopting or supporting a cause, belief, or way of life.
 - Synonyms: Embracing, advocating, endorsing.
 - Antonyms: Rejecting, opposing, disapproving.
 - Example: The community played a vital role in espousing healthy lifestyle choices through educational programs.
- **8.** Chasm: A deep, impassable fissure or gap; a marked division.
 - Synonyms: Gulf, abyss, divide.
 - Antonyms: connection, unity.
 - Example: Addressing healthcare disparities is crucial for bridging the chasm in access to resources for individuals with chronic conditions.
- **9.** Resilience: The ability to recover quickly from setbacks, adapt to change, and endure challenges.
 - Synonyms: Endurance, tenacity, fortitude.
 - Antonyms: Fragility, vulnerability, weakness.
 - Example: Developing resilience is crucial for individuals to navigate life's challenges with grace and strength.

- **10.** Tandem: In association or partnership; working together.
 - Synonyms: Together, in concert, collaboratively.
 - Antonyms: Separately, independently, in isolation.
 - Example: Lifelong learning and goal-setting often work in tandem to foster continuous personal development.
- **11.** Recalibrate: To adjust or calibrate again; to make changes for accurate functioning.
 - Synonyms: Adjust, modify, readjust.
 - Antonyms: Maintain, keep, preserve.
 - Example: Resilience helps individuals recalibrate their strategies when facing unexpected challenges
- **12.** Fortitude: Strength of mind in facing adversity; courage.
 - Synonyms: Courage, bravery, resilience.
 - Antonyms: Weakness, timidity, cowardice.
 - Example: Demonstrating fortitude enables individuals to tackle obstacles with determination and courage.

Phrasal Verb

- **13.** Bridging the chasm: It means to overcome a significant gap or disparity.
- **14.** Factor in: It means to take into consideration or include as a relevant component.
- **15.** Bouncing back: Recovering or rebounding from setbacks or difficulties.

Idioms

- **16.** Connecting the threads: Refers to the process of linking different aspects or components to create a coherent whole.
- **17.** Weather the storms of life: To endure or overcome challenges and difficulties.



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CURRENT AFFAIRS3nd FEBRUARY, 2024

- 1. The Japan Automobile Manufacturers Association (JAMA) has released its annual vehicle figures for January 31, 2024. This shows that China overtook Japan to become the world's largest vehicle exporter in 2023.
- 2. Six Indian Markets are listed by the United States in the Notorious Market list.
- **3.** Famous actor and philanthropist Sonu Sood has received the prestigious 'Champions of Change' award for his outstanding humanitarian efforts. Known for his selfless efforts, Sood has earned wide praise for his unwavering commitment towards social welfare, for which he has received several accolades.
 - Through his charitable organization, 'The Sood Foundation', the actor has helped the underprivileged in terms of education, helped the poor promote their enterprises and has also started work on his dream project, Vriddhashram Niwas.

- **4.** The first research- based IIT satellite campus in the country will be established in Ujjain. This will be a unique institute of its kind in the country.
 - Ujjain will be a world-class research centre in future technology, which will be set up at IIT Indore's Deep-Tech Research and Discovery Campus Ujjain.
 - Ujjain Satellite Campus is an important project that will benefit students, teachers and industrial workers across India and especially Madhya-Pradesh.
- **5.** The Uttar Pradesh Government headed by Chief-Minister Yogi Adityanath, as part of its mission to eradicate filariasis from the state, is all set to launch the Annual Mass Drug Administration (MDA) Campaign from February 5 to 15. The campaign will be conducted in 17 districts of Uttar Pradesh.
- **6.** Tamil Nadu's Minister Udhayanidhi Stalin launches a groundbreaking scheme to nurture grassroots sports talent, providing kits to 12,000 villages.

- **7.** Indian Navy dedicates 2024 as the 'Year of Naval Civilians,' aiming to enhance administration, efficiency, and well-being through targeted initiatives in Civilian HR Management.
 - Naval Civilian Personnel, constituting a third of the Navy's workforce, play a vital role in operational effectiveness across various domains, including Command Headquarters, Dockyards, and Training Establishments.
- **8.** China has banned the direct and indirect import of ruminants and its related products from Iraq due to an outbreak of bluetongue disease.
 - The move follows a report from Iraq to the World Organisation for Animal Health after the disease was discovered in sheep, Chinese customs said in an announcement dated Jan. 26.
 - China has also banned such imports from Belgium and the Netherlands after an outbreak of the virus that causes fever and mouth ulcers and in some cases turns an animal's tongue blue. The disease can be highly dangerous to sheep and cows.

- 9. Recently, the International Energy Agency (IEA) unveiled key insights into India's energy future with its report "Electricity 2024."
 - This comprehensive analysis highlights trends, such as the persistent role of coal, a surge in renewable energy, and the promising growth of nuclear power shaping India's power sector until 2026.
- **10.** In the recent budget document released by the government on Thursday, India has proposed a 22% reduction in aid to the Maldives for the 2024- 25 financial year.
 - The Maldives now is slated to receive INR 600 crore for developmental assistance, ranking it as the third-highest recipient of aid from the government for foreign countries.
- **11.** Jay Shah was unanimously appointed for a third consecutive term as the President of the Asian Cricket Council (ACC).
- **12.** February 2: World Wetlands Day Theme: Wetlands and Human Wellbeing
- **13.** Ranveer Singh invest in Aman Gupta's boat, appointed as brand ambassador.